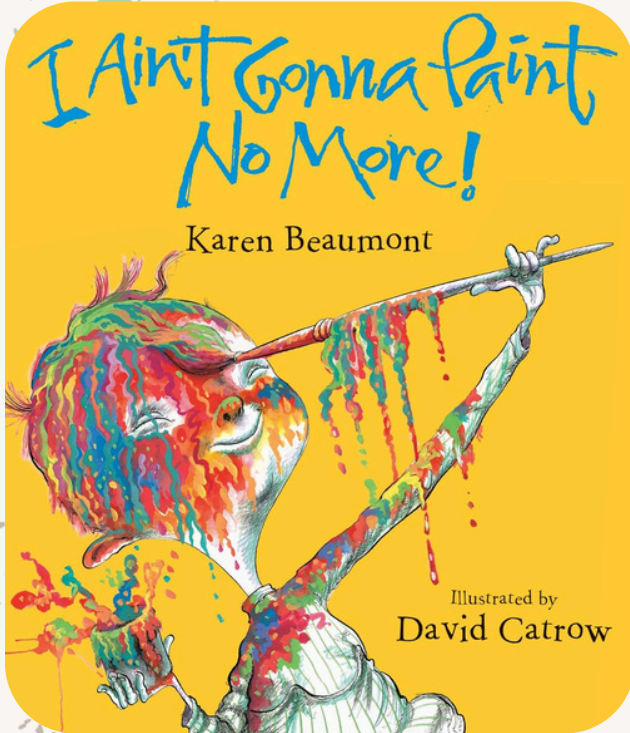


Color Mixing PLAYDATE



www.lynnaeallred.com

“I Ain’t Gonna Paint No More”

A color-splashed masterpiece featuring a sing-song rhyming text and humorous illustrations about the mischievous, creative thinker I want each of my grandchildren to become.

I love sing-reading this book with my grandchildren, pausing on just the right word, to watch their delight as they calculate what rhyming word is coming next and then howl with laughter.

Read the book, share a story of your own creative experiences, and then enjoy a fun activity together.

The Story

Tell your grandchild a story from your own life about a time you used your creativity. What happened?

- Were any grownups upset?
- Did your project succeed or was it a mess?
- What did you learn?
- Why do you want your grandchild to be creative?

Details

Age: 2-5 years

Cost: About \$10 for supplies, and \$15 to purchase the book. No cost if you borrow the book from the library and use supplies from around the house.

Time Commitment: About 1 hour, but you can stretch out the play for as long as your little one feels up to it.





Play Date Supplies

- Book, [I Ain't Gonna Paint No More!](#) by Karen Beaumont (Author), David Catrow (Illustrator)
- Watercolor paints and paper
- Rainbow Bagel supplies
 - flour
 - salt
 - water
 - oil
 - brown sugar
 - yeast
 - gel food coloring

How to Play

Warn the grandkids to “dress for mess” and provide aprons or painting smocks to protect clothing. The goal of this playdate is to have fun mixing red, yellow, and blue and creating all kinds of new colors. Use watercolors, crayons, markers, playdough, or any other colorful art medium you have around the house. We made Rainbow Bagels!



Optional Activities

If you don't have the energy to make bagels, you can have a lot of fun with simple watercolors and paper. Or, let your grandchild mix drops of food coloring into clear glass jars filled with water to make all kinds of fun colors. Dye eggs even if it isn't Easter. Mix Play-Doh colors together to make new colors. Any activity involving color mixing will work just fine!





Ingredients:

- 1 $\frac{3}{8}$ C water
- 1 Tablespoon active dry yeast
- 2 Tablespoons brown sugar
- 1 teaspoon salt
- 3 $\frac{1}{2}$ cups bread flour
- Assorted gel food dye

Instructions:

I borrowed this idea from the ashleemarie.com blog. Her recipe makes 72 bagels, so we “simplified.” We made a single batch, then divided the dough into six equal balls. We kneaded a different color of gel food coloring into each ball to make six colors of dough.

Next, we flattened our six balls of dough into dough pancakes. Stack those like a rainbow, then cut through.

Make Rainbow Bagels

This recipe is more craft project than culinary delight, but you’ll have fun mixing food coloring into a simple dough to make your own colorful bagels.



Now you have four rainbow-colored hunks.

Make a long rope out of each section of dough, twist it a bit, then shape it into a doughnut or a pretzel shape. You’ll find complete instructions on the website: lynnaeallred.com/color-mixing. Let your dough raise, then bake according to the recipe instructions.

Happy Playing!

